

Basic Psychiatric Nursing

Course Description:

The basic psychiatric workshop aims to provide fundamental concepts in order for nursing staff working in common clinical settings to effectively handle common psychiatric disorders. Topics covered include alcohol withdrawal, management of aggressive behaviour, mood disorder - depression & bipolar, use of suicide caution chart, and delirium versus depressive disorders.

Learning Outcomes:

- Identify common psychiatric disorders
- Describe nursing management of patient with alcohol withdrawal and aggressive behaviour
- Describe nursing management of patient with mood disorders
- Describe nursing management of patient with delirium

Course Information:

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| Dates | 25 Sep 2026 17 Nov 2026 |
| Time | 0830 -1730 hr |
| Venue | Sengkang General Hospital 110 Sengkang East Way Singapore 544886 Exact venue will be announced in the confirmation email. |
| Course Fees | Please email for enquiry |
| How to register? | To register, please email Ms Joanna Peh @ ned.staff@skh.com.sg . |